## PHRASAL VERBS (V W)

vie with

- compete or rival someone

The two runners vied with each from the very first lap to the finish.
vouch for

- express confidence or guarantee (positively)

You can give the keys to him, I can vouch for his reliability.
ward off

- keep away or reject

I need some medication to ward off the winter colds and to keep the flu away.
warm up

- reheat

All she had to do was to warm up the leftover soup.
Prepare for action
The players always do warm up exercises before the game.
wash up

- doing dishes after a meal

We have to wash up the dishes after dinner so we can watch that movie.
get cleaned after doing something
I just need to wash up after the gym so I can be ready to go out with you.
watch out

- be careful

Kids have to be taught to watch out for traffic on their way to school.
water down

- dilute or make weaker

You should water down the mixture so it will be easier to stir.
make less severe
He watered down his remarks to show respect to others at the meeting.
wear out

- becomes unusable

I have worn out my favorite pair of shoes.
whip up

- prepare quickly

I can whip up something so we can eat quickly before we leave.
wolf down

- eat greedily and quickly

He was so hungry that he wolfed down all the sandwiches in a matter of minutes.
work out

- physical exercise

I work out for at least two hours every other day at the gym.
find a solution
We need to work out and find all the problems in that proposal.
wind up

- put an end to or conclude

We have to wind up the discussion and get ready for action now.
arrive at surprise destination
How did we wind up at the beach after the bar.
wipe off

- clean (table, top)

The teacher made us wipe off the tables after the painting class.
wipe out

- to remove

That decision will wipe out all the hard work already done.
to drop out of that major because it was too difficult.

